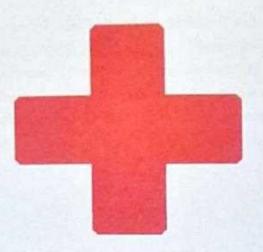
MMK & SDM MAHILA MAHA VIDYALAYA KRISHNAMURTHY PURAM, MYSORE



Youth Red Cross

REPORT ON NATIONAL LEVEL SEMINAR ON WORLD FIRST AID DAY

Prepared by: Syed Sadath Program officer Youth Red Cross

1. INTRODUCTION:

The Youth Red Cross Volunteers of MMK & SDM Mahila Maha Vidyalaya has attended the national Level virtual seminar on World first aid day, Theme 2023 "First Aid in the Digital World" Organised by the Department of safety and fire Engineering, Excel Engineering college, Namakkal, Tamilnad on 9th September 2023, First aid training is a crucial educational program that equips individual with Lifesaving skillsAnd Knowledge to provide immediate assistance in emergency situations. It covers techniques such as CPR, Bandaging, Wound care, and handling common injuries.

2. OBJECTIVE:

The objective of first aid and CPR Training for Youth Red Cross Volunteers are

- Empowerment: To empower Volunteers with knowledge and confidence to respond Effectively in Emergencies.
- 2, Lifesaving skills: To help volunteers to understand essential skills like CPR and First aid to save lives and reduce emergencies.
- 3, Health and Safety Promotion: To create awareness about injury prevention and Maintaining a healthy environment.

3. Proceedings of the Seminar:

- Bandaging and Wound care: Proper Bandaging and Wound care Techniques were taught to attendees to manage injuries and prevent infections
- CPR Training: Volunteers learned cardiopulmonary resuscitation to review an unconscious person and maintaining blood circulation until reached to the hospital.

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4. IMPACT:

- Empowered Community: The training empowers participants with Lifesaving skills and making them capable of helping others in times of emergencies.
- Safety Awareness: The seminar promoted safety awareness in the community, encouraging individual to be vigilant proactive in preventing Accidents.

5. NO OF STUDENTS ATTENDED

36 STUDENTS

6. OUTCOME:

On completion of this Program, learners will be:

- · Able to understand how and when to administer first aid.
- Able to provide appropriate treatment for the purpose of preserving life.
- Able to minimise the consequences of injury until the arrival of medical assistance.
- · Personal development and community engagement.

7. Timetable of the program:

DATE: 09/09/2023

Time: 7 pm to 8 pm

NAME OF THE FACULTY INVOLVED: Syed Sadath, YRC Program Officer.

VENUE: Virtual mode.

PRINCIPAL

MMK & SDM Mahila Mahavidyalaya

Krishnamurthypuram, Mysore-570 004



(Managed by: SDME Society, Ujire)

Mysore Makkala Koota &

SHRI DHARMASTHALA MANJUNATHESWARA MAHILA MAHAVIDYALAYA

Krishnamurthypuram, Mysore - 570 004

Prof. Sainath Malligemadu Principal Dr. D Veerendra Heggade President: SDME Society,

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Ref No.: MMK&SDM/MMV/ /2023to 2024 Date:

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Program Officer

Principal

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